

Course Title

First Aid at Work – (3 Day)

Course Overview

The Health and Safety (First Aid) at Work Regulations (1981) requires that an employer provide arrangements for administering First Aid to persons injured at work. This course covers all aspects required for the role of the designated person.

Who Should Attend

People / Employees who are appointed this role within the workplace

Course Content

- Role of Designated First Aider
- Care and treatment of unconscious persons
- Signs, symptoms and treatment for breathing difficulties
- Signs, symptoms and treatment of circulatory problems
- Signs and symptoms of common ailments
- Cardio Pulmonary Resuscitation
- Treatment of wounds and bleeding

Course Certification

HSE Approved Attendance Certificate

Course Durations

Four Days for a Maximum of 10 People

