

## Course Title

First Aid – Appointed Person

## Course Overview

The Health and Safety (First Aid) Regulations (1981) require that an employer provide suitable arrangements for rendering First Aid to persons injured at work. This course aims to teach candidates basic first aid skills to enable them to deal with emergency situations involving casualties tailored to their work environment. They will learn how to manage the situation, get expert help and offer life saving emergency aid as well as how to deal with the less serious and more common daily injuries and conditions they are likely to meet in their daily working environment.

## Who Should Attend

People / Employees who are appointed this role within the workplace

## Course Content

- Legal compliance
- Insight into Health and Safety (First Aid) Regulations
- Incident and Casualty Management
- Resuscitation
- Treatment for Shock and Bleeding
- Treatment of heart attack
- Treatment of unconscious casualty
- Priorities of First Aid

## Course Certification

HSE Approved Attendance Certificate

## Course Durations

Half Day for a Maximum of 10 People

