

Course Title

Safety Harness Awareness & Inspection (User)

Course Introduction

This course is to enable delegates to identify and select the correct form of safety harness and lanyard which is applicable to their role in the work place, and be able to inspect, maintain, monitor, fit and use them effectively.

Who Should Attend

Any person who is required to use height personal protective equipment within the scope of any working activity they are employed to carry out.

Course Content

- Current Legislation - (HASAWA 1974 / PUWER 1998 / PPE Regs 1992 (2002))
- Delegates issued with handouts
- Difference in Lanyards video(s)
- Categories for safe work at height
- CE markings & EN Numbers
- Trace-ability
- Work restraint
- Fall Arrest
- Equipment strengths:
 - Safety Harnesses
 - Lanyards
 - Connectors
- Pre use equipment check
- Rescue provision & Rescue Plans
- Practical session (fitting and inspection of a full body safety harness, restraint lanyard)
- Theoretical Assessment

Course Durations

Safety Harness Awareness & Inspection is conducted for a maximum of 10 delegates per half day course.

