

**Course Title**

**N711 – Safe Use of Ladders**

**Course Introduction**

This course is to enable delegates to identify and select the correct ladders and be able to inspect, maintain, monitor, fit and use them effectively.

**Who Should Attend**

Any person who is required to use height personal protective equipment within the scope of any working activity they are employed to carry out.

**Course Content**

- Health & Safety at Work Act 1974 (sections 2 & 7) Work At Height Regulations 2005
- RIDDOR Regulations 1995
- HSE GS31 - Ladders, steps and staging
- BS 1129 1982 - Portable Timber Ladders, Steps, Trestle and staging
- Ladder sections - correct overlap
- Introducing systems of inspection
- Correct ladder angles
- Tying of ladders
- Use of ladders / steps
- Hazards - accidents
- Safe systems of work
- Storage of ladders
- Footing and carrying
- Assessment paper

**Course Durations**

Safe Use of Ladders is conducted for a maximum of 10 delegates per one day course.

