

Course Title

Safe Working at Height Awareness

Course Overview

In 2005/06 falls from height accounted for 46 fatal accidents at work and around 3350 major injuries. They remain the single biggest cause of workplace deaths and one of the main causes of major injury.

Who Should Attend

Employees, Supervisors and Managers who Work at Height or Supervise / Manage Work at Height activities within their scope of work.

Course Content

- Be aware of accidents that happen while working at heights;
- Relate the general requirements of the Health & Safety at Work Act 1974 to their own work activities;
- Gain a greater understanding of the Work at Height regulations 2005;
- Understand what is considered 'Work at Height';
- Understand the hierarchy control measures;
- Be aware of varied means of access to Working at Heights;
- Be aware of varied work equipment for use when Working at Height;
- Be aware of the need to plan Work at Height activities;
- Carry out a risk assessment relating to Working at Heights;
- Plan further specific work based training to ensure safe systems of work;

Course Topics

- Ladders, step ladders & trestles
 - General access scaffolds
 - Scaffold towers
 - Suspended cradles
 - Powered operated working platforms
 - Personal suspension equipment & harness systems
 - Risk Assessment
- All discussed topics will be those relevant around the job roles of candidates

Course Durations

Work at Height is a one day training course for a maximum of 10 delegates per course.

